Successful prevention, evaluation and rehabilitation of sports injuries are crucial elements of any comprehensive athletic program. This one-day sports medicine conference covers topics related to the evaluation and rehabilitation of sports-related injuries to the upper and lower extremities, presented by experts from UD and the region who share their research and practical expertise in the field.

TOPICS INCLUDE:
- Hydrotherapy for football players
- Injury prevention in overhead athletes
- Treatment for chronic exertional leg pain
- Achilles tendinopathy management/prevention
- Performance technology for injury prevention
- Blood flow restriction rehabilitation for stress fractures

Presenters include UD alum Collin Francis athletic trainer for the Baltimore Ravens.

WHO SHOULD ATTEND?
- Physical therapists
- Team and family physicians
- Athletic trainers
- Coaches
- Fitness club personnel
- School personnel involved in physical education, recreation and athletics

EVENT SPONSORS
This seminar is a continuing professional education program of the University of Delaware, co-sponsored by the Intercollegiate Athletics Program, the Department of Kinesiology and Applied Physiology, and the Division of Professional and Continuing Studies.

CONTINUING EDUCATION CREDIT
Physical therapists—Approved for 0.8 CEUs by Delaware Examining Board of Physical Therapy, 0.8 CEUs for Maryland and 8.0 CEUs for Pennsylvania. For all other states, please contact your state examining board to determine approved credits.

Athletic trainers—7.0 Category A CEUs and 10 EBP CEU approved by the Board of Certification, Inc. (BOC). The University of Delaware is recognized by the Board of Certification, Inc. to offer continuing education for certified athletic trainers.

NEW! EVIDENCE BASED PRACTICE CEU!

REGISTRATION
The event registration fee includes electronic conference materials, continental breakfast and lunch.
- Individual registration—$215
- Student registration rate—$80
- Group registration rate—please call 302-831-3474.

This year’s event takes place at UD’s new Tower at STAR (Science Technology and Advanced Research Campus) in the state-of-the-art UD Audion multimedia conference space.

FOR MORE DETAILS OR TO REGISTER: pcs.udel.edu/sports • continuing-ed@udel.edu • 302-831-7600
Registration Form
Saturday, February 29, 2020
7 a.m.–4:15 p.m.
UD Tower at STAR Campus—UD Audion, 100 Discovery Blvd., Newark, Del.

Name
_______________________________________________________________________________________________________

Credentials
_______________________________________________________________________________________________________

Email Address
_______________________________________________________________________________________________________

Home/Work Address
_______________________________________________________________________________________________________

City __________________________ State ____________ Zip __________________________

Telephone __________________________

Place of Employment
_______________________________________________________________________________________________________

Job Title
_______________________________________________________________________________________________________

HOW DID YOU HEAR ABOUT THIS SEMINAR?

___ Brochure  ___ NJ PTA website  ___ Delaware Online  ___ Word of mouth  
___ Email  ___ Maryland PTA newsletter  ___ Facebook  ___ Other______________

___ Delaware PTA website  ___ Delaware Medical Journal  ___ UD PCS website

FEE: (price includes electronic conference materials, continental breakfast and lunch):

___ $215 registration    ___ $80 student rate (full-time matriculated)

*Group registration rate—please call 302-831-3474 or email mphelan@udel.edu.

METHOD OF PAYMENT:

___ Check enclosed payable to the University of Delaware

___ Company purchase order enclosed

___ Charge my:  ___ MasterCard  ___ Visa  ___ Discover  ___ American Express

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Attention: Registrar, Medical Aspects of Sports Seminar
University of Delaware, Professional & Continuing Studies
501 South College Avenue, Newark, DE 19716-7410
Phone: 302-831-7600 Fax: 302-831-0701

Please duplicate this form for additional registrations.