Successful prevention, evaluation and rehabilitation of sports injuries are crucial elements of any comprehensive athletic program. This one-day sports medicine conference covers topics related to the evaluation and rehabilitation of sports-related injuries to the upper and lower extremities, presented by experts from UD and the region who share their research and practical expertise in the field.

**TOPICS INCLUDE:**
- Metrics and metabolics for return-to-play
- Sleep and nutrition for return-to-play
- VOMS rehab for concussion
- Injury prevention for baseball pitchers
- Exercise-based knee injury prevention
- Post-surgical and chronic foot/ankle rehab

*Presenters include UD alums Steve Feldman and Jon Boone, pro football athletic trainers.*

**WHO SHOULD ATTEND?**
- Physical therapists
- Team and family physicians
- Athletic trainers
- Coaches
- Fitness club personnel
- School personnel involved in physical education, recreation and athletics

**EVENT SPONSORS**
This seminar is a continuing professional education program of the University of Delaware, co-sponsored by the Intercollegiate Athletics Program, the Department of Kinesiology and Applied Physiology, and the Division of Professional and Continuing Studies.

**REGISTRATION**
The event registration fee includes electronic conference materials, continental breakfast and lunch.
- Individual registration—$215
- Student registration rate—$80
- Group registration rate—please call 302-831-8837.

This year’s event takes place at UD’s new Tower at STAR (Science Technology and Advanced Research Campus) in the state-of-the-art UD Audion multimedia conference space.

**CONTINUING EDUCATION CREDIT**
Physical therapists—0.8 CEU approved by Delaware Examining Board of Physical Therapy. Approval pending for Maryland (0.8 CEU) and Pennsylvania (8.0 CEUs). For all other states, please contact your state examining board to determine approved credits.

Athletic trainers—8.0 CEU approved by the Board of Certification, Inc. (BOC). The University of Delaware is recognized by the Board of Certification, Inc. to offer continuing education for certified athletic trainers.

*Board of Certification CEU Provider #P458*

**FOR MORE DETAILS OR TO REGISTER:** [pcs.udel.edu/sports](mailto:pcs.udel.edu/sports) • [continuing-ed@udel.edu](mailto:continuing-ed@udel.edu) • 302-831-7600

*Saturday, March 2, 2019*
7 a.m.—4:15 p.m.
UD Tower at STAR Campus—UD Audion
100 Discovery Blvd.
Newark, Del.
Registration Form

Saturday, March 2, 2019
7 a.m.–4:15 p.m.

UD Tower at STAR Campus–UD Audion, 100 Discovery Blvd., Newark, Del.

Name______________________________________________________________

Credential________________________________________________________

Email Address_______________________________________________________

Home/Work Address _________________________________________________

City __________________________ State __________ Zip ________________

Telephone _________________________________________________________

Place of Employment _________________________________________________

Job Title __________________________________________________________

HOW DID YOU HEAR ABOUT THIS SEMINAR?

___ Brochure    ___ NATA calendar online    ___ Maryland PTA newsletter

___ Email       ___ Delaware PTA website    ___ Word of mouth

___ BOC website ___ NJ PTA website    ___ Other_____________________

FEE: (price includes electronic conference materials, continental breakfast and lunch):

___ $215 registration    ___ $80 student rate (full-time matriculated)

*Group registration rate—please call 302-831-8837 or email lynnaf@udel.edu.

METHOD OF PAYMENT:

___ Check enclosed payable to the University of Delaware

___ Company purchase order enclosed

___ Charge my: ___ MasterCard    ___ Visa    ___ Discover    ___ American Express

Account number ______________________________________________________

Expiration date _________________________ Security Code (on back of card) _______________________

Cardholder’s signature ______________________________________________

RETURN TO:

Attention: Registrar, Medical Aspects of Sports Seminar
University of Delaware, Professional & Continuing Studies
501 South College Avenue
Newark, DE 19716-7410

Phone: 302-831-7600  Fax: 302-831-0701

Please duplicate this form for additional registrations.